

DEEP IN THE FORESTS OF SÖRMLAND

TRIP LENGTH: 3 Days

ACTIVITIES:

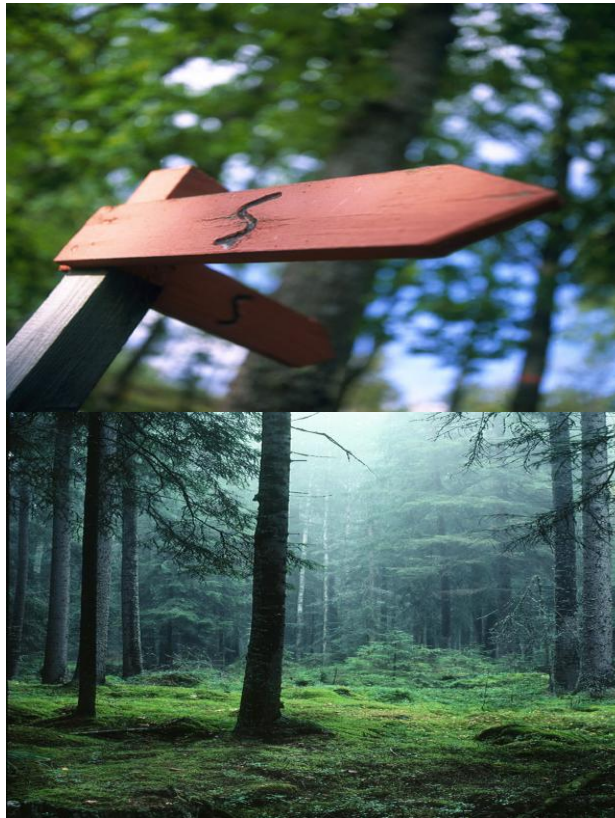
Hiking x 3 days

DAYS OF DEPARTURE:

Everyday

PRICE:

2395 sek per person incl.
VAT/moms based on two
people sharing



BRIEF ITINERARY

Day 1:

Transfer from Stockholm to
Lake Finnsjön in Sörmland
Hiking from Lake Finnsjön to
Skottvångs Gruva
o/n Skottvångs Gruva

Day 2:

Hiking from Skottvångs Gruva to
Lake Klämningen
o/n Lake Klämningen

Day 3:

Hiking from lake Klämningen
to Yngsviken (Gnesta)
Transfer from Gnesta to
Stockholm

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TRIP COST INCLUDES

Accommodation:

Bed & Breakfast x 1

Camping x 1

* All camping equipment provided

Meals:

Breakfast x 2

Lunch x 3

Dinner x 2

Activities:

Hiking x 3 days

FULL ITINERARY

Day 1: Stockholm → Lake Finnsjön → Skottvångs Gruva

DEEP IN THE FORESTS OF SÖRMLAND begins with a transfer by your representative to the start point of your day hike, at Lake Finnsjön in the midst of the Sörmland county. Today you begin your three day hike in, hike out trip along one of the longest and most beautiful hiking paths in Sweden, the Sörmlandsleden which winds its way for over 1000 km through true wilderness, passing glittering lakes, milewide views, areas of cultural tradition and historic monuments. This hike introduces you to the real Sörmland landscape from the moment you set foot on the trail.

The Sörmlandsleden is today relatively unexplored and unexploited and therefore allows a real opportunity to experience the nature one on one, without crowds of hikers along the trail. The wilderness is only a wilderness if you are able to explore the many kilometres of an undiscovered landscape in isolation.

Your hike starts at Lake Finnsjön, a lake with clean, fresh water and good opportunities to swim. You then hike eastwards along the Sörmlandsleden passing through an area rich in marshland - a favourite playground of the local birdlife. You pass by the small Lake Abborrsjön (Perch lake) where black grouse are often spotted before continuing through the idyllic scenery; hidden lakes and peaceful forests, winding paths and changing scenery. You head towards your overnight destination, a small cabin located in the forest alongside your trail. Your dinner will be waiting for you!

Overnight; Skottvångs Gruva, Bed & Breakfast

Hiking Distance: 17.5 km / Estimated hiking time: 6 hrs

Meals: Lunch & dinner

Day 2: Skottvångs Gruva → Lake Klämningen

Today you step out of your cabin after a hearty breakfast and back onto the Sörmlandsleden trail continuing your journey eastwards. After 1km you come to Skottvångs Gruva, a mine dating back to at least the 16th century which is today a charming and informative museum and café. From here you pass Lake Millsjön to your right and the old railway line used up until World War II to carry the ore between Åkers Styckebruk and the Skottvångs mine. You then begin to climb the hill, Stenhuggarmon, where there is a look out tower at 92 meters above sea level. Here you can clearly see the old coastline from approximately 5000 BC when the Baltic Sea was called the Litorina Sea. Soon you reach the shores of Lake Marviken and then hike across the sound between the two lakes, Nedre Marviken and Mellan Marviken, pausing to enjoy your lunch and the remarkable scenery of Lake Marviken. The area has its own unique character because of its geological history - the mountain split in two and as a result Lake Marviken is today bordered by 50 metre high cliffs.

You hike through typical Swedish woodland, intercepted by smooth rocks with a rich plant and animal life and climb hills where you can enjoy the beautiful, mile-wide views across the Swedish countryside. If you are quiet you may be able to see or hear black grouse, capercaillie or cranes amongst other birdlife. Tonight you sleep on the shores of the slender Lake Klämningen.

Overnight; Lake Klämningen, camping

Hiking Distance: 20 km / Estimated hiking time: 7 hrs

Meals: Breakfast, lunch & dinner

Day 3: Lake Klämningen → Yngsviken → Stockholm

Back on the track again, your final stretch takes you into the wilderness, passing many inland lakes, forest, hills and marshland. For many years this was an inaccessible part of the country. During the summer time, the crofter's cattle used the land for pasture. Only during the winter could the farmers have access to the common land by driving over the lakes and marshland. When the mining flourished during the early 19th century much of the woodland was destroyed due to the significant amount of burning in the area. You continue on towards the Nature Reserve at Lake Stora Envätten where you can enjoy a final pause to admire the beautiful views across the lake and the rare experience of isolation in a busy world, before heading on to your final destination at Yngsviken. Here you will be taken away from the peace and quiet of the Sörmlandsleden back to the buzz of Stockholm city.

Hiking Distance: 14.5km/Estimated hiking time: 5¼ hrs

Meals: Breakfast & lunch

Transfers:

Stockholm/Lake Finnsjön (Day 1)

Yngsviken/Stockholm (Day 3)

Luggage transfers:

Stockholm/Skottvångs Gruva

(Day 1)

Skottvångs Gruva/Lake

Klämningen (Day 2)

Lake Klämningen/ Stockholm

(Day 3)

Information pack:

Including detailed trail routes in

English, maps, contact number etc

Nordic Trails representative

Full trip briefing

24hr emergency service

Total cost:

2395 sek per person incl.

moms/VAT based on two people

sharing