

# A TASTE OF SÖRMLAND

**TRIP LENGTH:** 2 Days

**DAYS OF DEPARTURE:**  
Everyday except Sunday

**ACTIVITIES :**

Cycling x 1½ days  
Canoeing x ½ day  
Boat trips x 1  
Steam train x 1

**PRICE:**  
1995 sek per person incl.  
VAT/moms based on two  
people sharing

## FULL ITINERARY

### **Day 1: Stockholm → Mariefred**

A TASTE OF SÖRMLAND begins in the historic city of Strängnäs whose history stems back to the Viking era due to its location right on the shores of the beautiful Lake Mälaren. Strängnäs is one of Sweden's oldest towns and is most noted for its imposing cathedral, perched high on a hill, dating from the mid 1200's.

After your visit to Strängnäs, you take your bicycles and cycle through green fields and deep forests and along the shores of Lake Mälaren to the isolated Taxinge Manor

House. Taxinge is not only a beautiful manor house set in glorious surroundings but it is famous for its cakes. Plenty of time is allowed to marvel at the display. After your tea break, you board the charming steam train from Taxinge, reminiscent of times gone by, and make your way back to the village of Mariefred. Mariefred was founded in 1605 and is famed for its narrow, winding streets and colourful, wooden houses as well as being home to one of the most important and magnificent castles in the region, Gripsholm - a stone's throw from your night's accommodation.

**Accommodation: Mariefred, Hostel**

**Meals: None**

**Cycling Distance: 35km/Estimated cycling time: 2¾hrs**

**Steam train trip: Mariefred – Taxinge Manor House, 45 mins**

### **Day 2: Mariefred → Stockholm**

A morning transfer takes you to the start of your canoeing trip where you are met and provided with your canoes. After your canoe introduction, the route takes you through remarkable scenery as you paddle gently



## BRIEF ITINERARY

### **Day 1:**

Transfer to Strängnäs  
Cycle from Strängnäs to  
Taxinge Manor House  
Steam train from Taxinge  
to Mariefred  
***o/n Mariefred***

### **Day 2:**

Transfer from Mariefred to Åkers  
Styckebruk  
Canoe from Åkers to Laxne  
Cycle from Laxne to Mariefred  
Steamboat to Stockholm

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## TRIP COST INCLUDES

### **Accommodation**

Hostel x 1

### **Activities**

Cycling x 1½ days  
Canoeing x ½ day

### **Meals**

Breakfast x 1  
Lunch x 1

### **Transfers**

Stockholm/Strängnäs (Day 1)  
Åkers Styckebruk/Mariefred (Day 2)  
Stockholm harbour /accomm.  
(Day 2)

**Day 2 cont.:**

down Lake Marviken to Laxne. The area has its own unique character because of its geological history - the mountain split in two and as a result Lake Marviken is today bordered by 50 metre high cliffs. Here you will have time to enjoy your picnic lunch looking out over the beautiful lake views. After lunch, you get back on your bicycles for the next part of your journey back to Mariefred through pine forests dotted with lakes glistening through the trees. Stop for a swim or stroll through the woods to enjoy the surroundings yet further.

On arrival back to Mariefred you board the steamboat which takes you the scenic journey across lake Mälaren back to Stockholm.

**Meals: Breakfast & lunch**

**Paddling distance: 9km**

**Lifts: 3 (40m, 50m & 20m)**

**Cycling Distance: 28km/Estimated cycling time: 1¾hrs**

**Steamboat trip: Mariefred → Stockholm 3½ hrs**

**Luggage transfers**

Strängnäs/Mariefred (Day 1)

Mariefred/Stockholm (Day 2)

**Transport**

Steam train from Mariefred to Taxinge (Day 1)

Steamboat from Mariefred to Stockholm (Day 2)

**Information pack**

Including detailed trail routes in English, maps, contact number etc  
Nordic Trails representative  
Full trip briefing  
24hr emergency service

**Total cost**

1995 sek per person incl. moms/VAT  
based on two people sharing